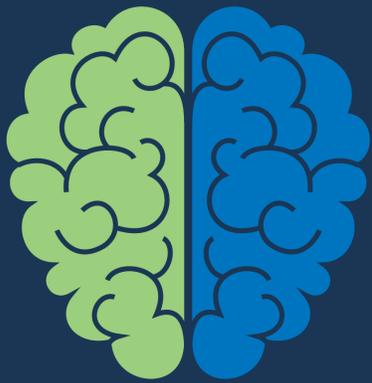


10

Our response to NHS England's 'Ten top tips for commissioning local rehabilitation services'

BIRT
Brain Injury
Rehabilitation Trust

The Disabilities Trust



The NHS England's Improving Rehabilitation Services programme has recently launched Commissioning Guidance for Rehabilitation, for Clinical Commissioning Groups (CCGs) and their local partners.

Here we outline how, by choosing to commission brain injury rehabilitation from the Brain Injury Rehabilitation Trust (BIRT), you can meet the ten top tips for commissioning local rehabilitation services.

1



“ Recognise the rehabilitation you already commission ”

BIRT leads brain injury rehabilitation in 13 rehabilitation centres and 36 community houses across England delivering measureable outcomes and saving lifetime care costs.



2

“ Have ambition for your services and the people they serve ”

BIRT has 25 years of service user-focused experience and expertise with published outcomes. We aim to support all our service users to participate in life as fully as possible, needing the least possible assistance.

3

“ Make your services “join up” and have some common key principles in your service specification ”



Through BIRT's services, you can commission the whole pathway of brain injury rehabilitation and care. We offer services in different environments which provide a range of rehabilitation options, including acute and hospital based services, as well as intensive and flexible rehabilitation options.



4

“ Rehabilitation should not be “extra” or an “add-on” – it should be considered throughout each person's journey ”

BIRT's core focus is rehabilitation with clinically led multi-disciplinary teams to promote independence, and safeguard physical and mental health. Strategies and interventions are used in a highly structured environment.

5



“ Consider what outcomes you want; identify some common measures and ask your services to work together ”

BIRT has proven, measured and published outcomes with regular satisfaction surveys for each centre, all used to improve service delivery.



6

“ Consider the range of settings where your services are delivered, especially smaller community settings, the third sector and care homes (including respite care) ”

BIRT offers a continuum of provision from hospital and acute services to community settings and outreach environments.

7

“ Take a strategic view so that you invest to save ”



BIRT's published research shows that lifetime cost savings of between £570,000 to £1,130,000 could be achieved for individuals admitted to rehabilitation within one year of their brain injury. Commissioning BIRT services will help you invest to save.



8

“ Cross-check your local services against the rehabilitation model to identify gaps or duplication and outcomes being achieved ”

BIRT's services are innovative and adaptable, aiming to increase independence as complexity of need is reduced. The rehabilitation options used and route taken depend on each person's needs and the pathway of support can be accessed at any point.

9

“ Ask for advice and support if necessary ”

BIRT shares its knowledge and expertise through research, local seminars and international conferences. We offer advice and support at local centres, through a range of forums.



10

“ Ask your providers and service users how improvements could be made and what can be done differently to improve outcomes for people ”

BIRT welcomes feedback via suggestion card boxes at each centre. Formal progress reviews take place regularly with key stakeholders including families and advocates.

